

Jacqueline F. Abate, PsyD, HSPP

2620 Kessler Blvd East Drive, Suite 235

Indianapolis, IN 46220

Email: jabate@continuummhw.com

Phone: (317) 762-8084

EDUCATION

University of Indianapolis

School of Psychological Sciences

Indianapolis, IN

Clinical Psychology, PsyD

Concentration: Adult Psychopathology and Psychotherapy

Accredited by the American Psychological Association

September 2012 to

August 2017

University of Indianapolis

School of Psychological Sciences

Indianapolis, IN

Master of Arts in Clinical Psychology

September 2012 to

August 2014

Monmouth University

School of Humanities and Social Sciences

West Long Branch, NJ

Bachelor of Arts

Major: Psychology

September 2008 to

May 2012

CLINICAL AND RESEARCH INTERESTS

- ❖ Psychosis and Schizophrenia
- ❖ Adult Psychopathology
- ❖ Person-Centered and Recovery-Oriented Practice
- ❖ Psychological Assessment
- ❖ Metacognition and Insight

LICENSURE

Psychologist, License #20043148A

Health Service Provider in Psychology

Indiana Professional Licensing Agency

April 2018 to

Present

Jacqueline F. Abate, PsyD, HSPP
jabate@continuummhw.com (317) 762-8084

WORK EXPERIENCE

Eskenazi Health, Midtown Community Mental Health
Clinical Psychologist
 Indianapolis, IN

August 2017 to
 Present

- ❖ Provide individual and group psychotherapy to adults diagnosed with serious mental illnesses
- ❖ Conduct comprehensive psychological evaluations for the purpose of diagnostic clarification and recovery-oriented treatment planning
- ❖ Provide direct supervision to team supervisors and clinical direction and consultation to adult outpatient teams
- ❖ Offer training didactics to staff members on a range of topics pertinent to serious mental illness

CLINICAL TRAINING EXPERIENCE

VA Maryland Healthcare System/University of Maryland School of Medicine
Psychology Internship Consortium
 Baltimore, MD
 Psychology Intern, VA Serious Mental Illness Track
Accredited by the American Psychological Association

June 2016 to
 June 2017

Major Rotations

Perry Point Domiciliary Residential Rehabilitation Treatment Program

Supervisor: Catherine Pilotte-Mullins, Ph.D.

- ❖ Provided psychotherapy groups focused on processing emotions and interpersonal relationships to homeless veterans seeking housing and employment in the community
- ❖ Met weekly with veterans to evaluate progress on treatment and recovery goals
- ❖ Participated in program evaluation and implementation of systemic changes
- ❖ Conducted residential screening interviews to determine fit and eligibility for Perry Point residential rehabilitation treatment programs

Perry Point Psychosocial Residential Rehabilitation Treatment Program

Supervisor: Julie Rife-Freese, Psy.D.

- ❖ Provided individual psychotherapy to veterans diagnosed with a serious mental illness at a residential level of care
- ❖ Received training in evidence-based group interventions including CBT, DBT, Social Skills Training for Schizophrenia, and Social Cognition Interaction Training
- ❖ Conducted psychological evaluations and wrote integrative reports to assist with case conceptualization and discharge planning
- ❖ Acted as liaison between residential program and Perry Point PRRC to coordinate care of shared veterans on interdisciplinary treatment teams

Baltimore Psychosocial Rehabilitation and Recovery Center

Supervisor: Neil Weissman, Psy.D.

Jacqueline F. Abate, PsyD, HSPP
 jabate@continuummhw.com (317) 762-8084

- ❖ Provided psychotherapy to veterans diagnosed with a serious mental illness at an outpatient level of care
- ❖ Facilitated empirically-validated psychotherapy groups with interventions informed by motivational interviewing, mindfulness, and cognitive behavioral theories
- ❖ Assisted with program evaluation and development of novel group interventions
- ❖ Worked on an interdisciplinary treatment team to coordinate care of veterans
- ❖ Provided clinical supervision to doctoral psychology externs

Minor Rotation

Long-Term Psychoanalytic Psychotherapy and Supervision

Supervisor: Mark Nolder, Ph.D.

- ❖ Provided weekly, psychoanalytically informed psychotherapy to veterans throughout the internship year
- ❖ Received supervision to conceptualize cases through an integrative approach utilizing perspectives of drive, ego, self-psychology, and object relations theories

Midtown Community Mental Health Center

August 2014 to

Practicum Student (16-20 hours/week)

June 2016

Indianapolis, IN; Supervisor: Jay A. Hamm, Psy.D., HSPP

- ❖ Provided integrative psychotherapy to adults diagnosed with a serious mental illness
- ❖ Facilitated weekly, recovery-oriented therapy groups focused on internalized stigma, narrative enhancement, and living with voices
- ❖ Participated in weekly multidisciplinary treatment team meetings to consult about clients
- ❖ Conducted psychological evaluations for diagnostic clarification and treatment planning
- ❖ Served as an active member of the Consumer Advisory Council

Eskenazi Health Prevention and Recovery Center for Early Psychosis (PARC)

August 2015 to

Practicum Student (6-8 hours/week)

June 2016

Indianapolis, IN; Supervisor: Bethany L. Leonhardt, Psy.D., HSPP

- ❖ Provided psychotherapy to individuals aged 18-25 experiencing early stages of psychosis
- ❖ Conducted psychological evaluations for diagnostic clarification and case conceptualization
- ❖ Consulted with members of an interdisciplinary treatment team to coordinate care
- ❖ Participated in weekly metacognitive group supervision from a licensed clinical psychologist

Malinoski Psychological Services

August 2013 to

Practicum Student (8-10 hours/week)

July 2014

Indianapolis, IN; Supervisor: Peter T. Malinoski, Ph.D., HSPP

- ❖ Provided psychodynamic psychotherapy to adults at an outpatient private practice
- ❖ Conducted psychological evaluations for individuals from various referral sources such as the Catholic Church, seminary admissions, and the Federal Aviation Administration
- ❖ Administered, scored, and interpreted personality assessment batteries comprised of objective and projective measures, with emphasis on the Rorschach Performance Assessment System

Jacqueline F. Abate, PsyD, HSPP

jabate@continuummhw.com

(317) 762-8084

Integritas Psychological Services**Practicum Student** (8-10 hours/week)

Indianapolis, IN; Supervisor: Eric Gudan, Psy.D., HSPP

August 2013 to
July 2014

- ❖ Provided integrative psychotherapy to adults and adolescents at an outpatient practice, implementing tenets from psychodynamic and interpersonal theories
- ❖ Conducted weekly social security disability evaluations
- ❖ Administered, scored, and interpreted personality assessment batteries comprised of a variety of objective and projective measures

Meridian Health: Booker Behavioral Health Day Program**Undergraduate Student Intern** (8 hours/week)

Red Bank, NJ

August 2011 to
December 2011

- ❖ Worked as a student intern at an outpatient day program for adults diagnosed with serious mental illnesses and comorbid substance use disorders during their transitions from emergency care to community living
- ❖ Assisted with organizing and facilitating weekly skills groups
- ❖ Observed Cognitive Behavioral Therapy and addictions groups
- ❖ Observed weekly multidisciplinary staff meetings to discuss cases

PSYCHOLOGICAL ASSESSMENT EXPERIENCE

BAI, BDI-II, BACS, CAPS-5, Early Memories Test, Group Psychological Abuse Scale, HTP, Internalized Stigma of Mental Illness Inventory, LEC-5, M-FAST, MSE, MMSE, MACI, MCMI-IV, MMPI-A, MMPI-2, MMPI-2-RF, MoCA, OQ-45.2, PAI, PCL, RBANS, Rorschach (R-PAS), RISB, Schema Mode Inventory 1.1, SB5, SIRS, TAT, ToMM, WAIS-IV, WISC-IV, WMS-IV, WJ-III, YSQ

RESEARCH EXPERIENCE**Psychology Internship Research Project****VA Maryland Health Care System**

Supervisor: Jason Peer, Ph.D.

July 2016 to
June 2017

- ❖ *Metacognition and Self-Assessments of Functioning in Individuals with Serious Mental Illness*
 - Responsible for literature review, conceptualization of metacognition, data analysis, and interpretation of findings
 - Investigated the relationship between deficits in metacognition, as defined by discrepancies between self-assessments and objective assessments of performance, and functioning in the areas of work, social skills, and daily tasks
 - Explored associations between metacognition and symptoms, insight, and quality of life

Doctoral Dissertation Research
University of Indianapolis

May 2013 to
 April 2016

Supervisor: Debbie M. Warman, Ph.D., HSPP, ABPP

- ❖ *The Influence of Positive versus Negative Affect on Delusion-Proneness and Reasoning*
 - Conducted an empirical study to explore the effects of emotion and delusion-proneness on reasoning bias using a false feedback paradigm and an established “jumping to conclusions” task.
 - Dissertation Proposal: November 5, 2014
 - Dissertation Defense: April 12, 2016

Undergraduate Research Assistant
Monmouth University Close Relationships Research Lab

September 2010 to
 May 2012

Supervisor: Gary W. Lewandowski, Jr., Ph.D.

- ❖ Examined intimate relationships from an economic perspective with a focus on investments, sunk costs, and mere ownership
- ❖ Completed an undergraduate thesis project by developing and conducting an empirical study to examine the Mere Ownership Effect in romantic relationships
- ❖ Contributed to peer research projects regarding relationship initiation, maintenance, and termination (break-up)

PUBLICATIONS AND PRESENTATIONS

Abate, J., & Peer, J. E. (2017, May). *Metacognition and social functioning task performance in individuals with serious mental illness*. Paper presented at VA Maryland Healthcare System/University of Maryland School of Medicine Psychology Internship Consortium Research Symposium, Baltimore, MD, USA.

Abate, J. F., & Warman, D. M. (2016, October). *The influence of positive versus negative affect on delusion-proneness and reasoning*. Poster presented at Association for Behavioral and Cognitive Therapies Research Conference, New York, NY, USA.

Abate, J. F., Viaud, J. M., Corrigan, K. T., & Lewandowski, G. W. (2012, March). *Evaluating relationships: The effect of mere ownership on romantic relationships*. Poster presented at Eastern Psychological Association Research Conference, Pittsburgh, PA, USA.

Abate, J. & Lewandowski, G. W. (2011, December). *Evaluating relationships: The mere ownership effect in romantic relationships*. Paper presented at Monmouth University Undergraduate Psychology Research Conference, West Long Branch, NJ, USA.

Lewandowski, G. W., **Abate, J.** (October, 2011). “In sickness and in health...”: The benefits of marriage. *Cover2Cover*, 23.

Kocsik, S. L., **Abate, J.**, Lewandowski, G. W., & Ketay, S. (2011, March). *Learning from lost love: The nature of learning about relationships through break-up*. Poster presented at Eastern Psychological Association Research Conference, Cambridge, MA, USA.

Jacqueline F. Abate, PsyD, HSPP
 jabate@continuummhw.com (317) 762-8084

PROFESSIONAL ACTIVITIES

Teaching Assistant, Comprehensive Personality Assessment Course University of Indianapolis

May 2014 to
July 2015

Supervisor: Aaron J. Kivisto, Ph.D., HSPP

- ❖ Helped to educate doctoral students about the utilization of the Rorschach Performance Assessment System, as well as other projective measures of personality
- ❖ Scored and provided feedback on assignments and Rorschach protocols

OUTREACH EXPERIENCE

Alumni Mentor, Department of Psychology Alumni Mentoring Program Monmouth University

November 2015 to
June 2017

- ❖ Offered information, support, and guidance to undergraduate students entering the field of psychology
- ❖ Provided education about career paths, resources and opportunities, and personal experiences

Student Mentor, Graduate Psychology Mentor Program University of Indianapolis

August 2014 to
July 2016

- ❖ Offered support and guidance to students during the transitional period into graduate school

Co-President and Member, HERO Campaign Monmouth University

September 2008 to
May 2012

- ❖ Provided psychoeducation to undergraduate students about designated driving and using alcohol responsibly
- ❖ Planned HERO-sponsored events and fundraisers on campus, such as Project Pride, HERO of the year awards ceremonies, and HERO tables at university functions
- ❖ Recruited new members and increased awareness about the HERO campaign for designated drivers

HONORS AND AWARDS

Outstanding Intern Award

2017

VA Maryland Healthcare System/University of Maryland School of Medicine
Psychology Internship Consortium

Regional Research Award

2012

Presented by Psi Chi International Honor Society in Psychology
Monmouth University

Scientific Excellence in Psychology Award

2011

For Outstanding Paper Presentation
Monmouth University

Jacqueline F. Abate, PsyD, HSPP
jabate@continuummhw.com (317) 762-8084

PROFESSIONAL ASSOCIATIONS

- ❖ Graduate Psychology Association Social Committee, Co-Chair 2013 to 2016
- ❖ Active Minds UIndy Chapter, Secretary 2013 to 2016
- ❖ American Psychological Association of Graduate Students 2012 to 2017
- ❖ American Psychological Association, Member 2012 to Present
- ❖ UIndy Graduate Psychology Association, Student Member 2012 to 2016
- ❖ Psi Chi International Honor Society in Psychology 2011 to Present
- ❖ Monmouth University Psychology Club, President 2008 to 2012

References available upon request.