

Aaron Whiteman

W: (317) 762-8084, (317) 621-0590
F: (317) 353-3445, (317) 621-4473

EXPERIENCE

2/17 - current

Continuum: Mental Health and Wellness, LLC

Private Practice - Co-Owner: Jason Hanke, Psy.D, HSPP

2620 Kessler Boulevard. East Drive, Suite #235, Indianapolis, IN 46220

- Provide comprehensive psychiatric and behavioral health care in multidisciplinary setting for ambulatory patients

1/2017- 12/2019

Community Health Network - Integrated Behavioral Health

LifeCheck 96th Street - Behavioral Health

6905 E. 96th Street, Suite #300, Indianapolis, IN 46250

- Provide psychiatric and behavioral health care services for patients currently active with Community Health Network

5/2018-1/2019

Interim Medical Director for Behavioral Health Services

- Worked with senior leadership developing and implementing new programming, developed and revised policies, addressed work force issues, managed staff physicians and collaborated with directors of individual programs

1/2019- current

Faculty - Psychiatry Residency

- Supervised Residents at Hillsdale outpatient clinic.
- Organized and provided didactics on substance use disorder, case conference, neuromodulation, administrative psychiatry and various other topics.
- Engagement and Advocacy Committee

5/12-12/16

Eskenazi Health

Midtown CMHC Adult Addictions

Indianapolis, IN

- Provide Outpatient Dual Diagnosis evaluation and treatment
- Direct patient care at daily Treatment Team meetings
- Manage and facilitate Outpatient and Residential Detoxification
- Call to Action/Opioid Implementation: Multispecialty Committee. Provided addiction psychiatry expertise regarding program development and implementation in multiple settings.
- Provide Addiction consultations for across medical and mental health services for Eskenazi Health

6/12-12/16

Indiana University School of Medicine

Assistant Professor of Clinical Psychiatry

Indianapolis, IN

- Supervised Fellows, Residents and Medical students on clinical rotations
- Didactic presentations for resident and medical student

Fairbanks Hospitals

- Indianapolis, IN
- 7/06-1/12 Adolescent Unit Medical Director
- Supervise medical and psychiatric care for all patients
 - Developed and implemented protocols for the use of Buprenorphine Stimulants, and Nicotine replacement products
 - Developed and implemented Suicide Risk Assessment for access clinician
 - Supervise Child & Adolescent fellows and medical students on rotations
 - Present on psychiatric issues for staff development
- 7/06-5/12 Staff Psychiatrist /Physician
- Psychiatric assessments for adolescent and adults
 - Admission orders and medical coverage during evening hours and weekends

Clearvista Recovery Associates

- 7/06-6/12 Private Practice located within Fairbanks Hospital Indianapolis, IN
- Outpatient treatment of Dual-Diagnosis patients
 - Buprenorphine maintenance and outpatient detoxification

Meridian Psychological Associates

- 7/06-current Indianapolis, IN
Psychiatrist
- General psychiatric practice and psychotherapy

Community Addictions Services Incorporated

- 6/06-6/07 Indianapolis, IN
Physician/Psychiatric Consultant
- Psychiatric assessments and treatment plan review

Wishard Memorial Hospital

- 3/05-5/06 Indianapolis, IN
Staff Psychiatrist
- Physician coverage for psychiatric emergency room, moonlighting during residency

Larue Carter State Hospital

- 3/05-9/05 Indianapolis, IN
- After hours coverage for seclusion and restraint

EDUCATION

- 7/06-6/07 **Addictions Fellowship**
Indianapolis, IN
Indiana University Department of Psychiatry

- 9/05-5/07 **Advanced Psychotherapy Program**
Cincinnati, OH
Cincinnati Psychoanalytic Institute

7/02-6/06	Psychiatric Residency Indianapolis, IN Indiana University School of Medicine
8/98-6/02	Doctor of Osteopathic Medicine Kansas City, MO University of Health Sciences - College of Osteopathic Medicine
8/91-5/95	Bachelor of Science – Psychology Bloomington, IN Indiana University

LICENSURE

Indiana Medical License #02002848A

BOARD CERTIFICATION

American Board of Psychiatry and Neurology, Inc.

- Psychiatry No. 58552 5/11/2008 through 12/31/2028
- Addictions Psychiatry No. 2208 8/27/2012 through 12/31/2022

PROFESSION MEMBERSHIP

American Psychiatric Association	2002-current
Indiana Psychiatry Society	2002-current
American Academy of Addiction Psychiatry	2006-current
Indiana State Medical Association	2018-current

PROFESSION COMMITTEE/POSITIONS

American Psychiatric Association	
Area IV Resident Representative	5/05-5/06
Area IV Deputy Resident Representative	3/04-5/05
Indiana Psychiatric Society	
Resident Representative	8/02-3/04

RESIDENCY POSITIONS AND COMMITTEES

Psychiatry Residency	
Chief Resident	7/05 -12/05
Assistant Chief Resident	1/05 - 6/05
Residency Training Committee	1/05 -12/05
Competency Committee	1/05 -12/05
Psychotherapy Task Force	8/04 - 6/06
Social Chair	1/04 - 6/04
Medical Student Preceptor	7/03 - 6/06

AWARDS

William P. Fisher, M.D. Award

- Excellence in Clinical and Academic Performance during residency

Sigma Sigma Phi

- Osteopathic Honor Fraternity

PUBLICATIONS

Goddard, A. Shekhar, A. Whiteman, J. McDougle, "Serotonergic mechanisms in the treatment of obsessive-compulsive disorder", Drug Discovery Today, Volume 13, Numbers 7/8, page 325-332, April 2008.

A. Sajid, A. Whiteman, R. Bell, M Greene, E. Engleman, R. Chambers, "Prescription drug monitoring program data tracking of opioid addiction treatment outcomes in integrated dual diagnosis care involving injectable naltrexone", The American Journal on Addictions, Volume 25, issue 7, September 2016

PRESENTATIONS

"Substance Induced Disorders and Substance Abuse Evaluation	9/12
"Contemporary Psychopharmacology" MPA, Indianapolis IN	2/09
"Adolescent Addictions" Crawfordsville, IN	5/10, 9/12
"Prescription Drug Abuse" Indianapolis, IN	10/10
"Global Assessment of Function" Fairbanks, Indianapolis, IN	5/07, 1/12
"Chemical Dependence – The Disease" Indiana University, Psychiatry Grand Rounds	2/08
"Medical Management of Chemical Dependence" Fairbanks Hospital	4/08
"Clinical Considerations in Adolescents with Chemical Dependence", Fairbanks Hospital	11/07
"Dual Diagnosis, Fairbanks Hospital, IN	2/07
"Outpatient Alcohol Detoxification", Battle Creek, MI	11/06
"Dual Diagnosis", Methodist Hospital, Indianapolis, IN	10/06

RESEARCH

- The impact of a miscarriage on female patient's mental health – assessment survey (6/04-1/06)

MEDIA/PUBLIC COMMUNICATIONS

- A&E February 1, 2010 - Intervention In Depth: Huffing (Adolescent expert on adolescent huffing and substance abuse)
- WISH TV 8: October, 28, 2008 - Underage drinking is a middle school issue Indianapolis Recorder: January 9, 2009 – Addictions
- ABC News Good Morning America: April 8, 2010 – Teens Get High with One Household Huff (appeared as addictions expert on national television discussing the topic of huffing)
- WISH TV 8: May 10, 2010 - Special Report: Adderall: abusing the brain drug
- WISH TV 8: July 12, 2010 – 15-year-old found drunk, mom, grandma arrested (quoted about the risk of drinking at a young age)
- WISH TV 8: November 10, 2010 – Coroner: IU student had methadone OD (quoted about prescription drug abuse and Indiana statistics)
- WRTV 6: March 2, 2011 – Recovery Expert: Unwillingness to seek help problematic (interview regarding Charlie Sheen)
- WTHR 13: May 17, 2011 – Adderall misuse growing on college campuses